

# **PVI Varsity Dance Team Tryout Packet**

## **2018-2019 Auditions**

### **Tryout Dates**

**Tues. May 22** - 5:30 to 8:30 pm

**Wed. May 23** - 5:30 to 8:30 pm (may go longer)

- **Dancers will be evaluated throughout both days of the tryout.**
- **Dancers must attend both days.**

### **Tryout Location**

PVI HS – Main Gym

### **What to Expect**

#### **What to wear**

- Solid color tank top
- Sports bra
- Black spandex shorts, capris, leggings, or dance pants
- Sneakers or dance shoes
- Hair back

#### **What to bring**

- 4 part form
- Tryout application with picture attached
- Water bottle
- Snacks
- A smile!

### **What to Expect**

#### **Day One**

- Group warm up
- Learn audition routine
  - 45 to 60 seconds
  - Jazz, Hip Hop, Pom
- Technical skills across the floor
- Review audition routine

#### **Day Two**

- Group warm up
- Practice/review audition routine
- Final audition in small groups of 3 to 4
  - Execute technical elements individually
  - Perform audition routine twice

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**Dancers will be evaluated on:**

Jazz	Pom	Hip Hop	Technique	Other
Technical execution	Motion placement	Strength and control	Proper execution	Showmanship
Strength & control	Strength & control	Placement	Alignment	Memory
Placement	Precision	Musicality and Syncopation	Strength	Attitude
Musicality	Sharpness	Energy	Flexibility	Sportsmanship

### Technical elements:

- R/L leaps
- Toe Touch
- R/L Pirouettes
- Turns in Second
- Calypso
- C-Jump
- Circular Disk
- Two 8 counts of high kicks
- Forward Roll
- Bonus Technical Element – dancer's choice

### Other Notes:

- The team will be determined at the conclusion of Wednesday night. Dancers will be called in one by one to find out if they made the team, and will receive feedback. Questions and additional feedback should be directed to Head Coach, Emily Lane, [elane@pvipanther.net](mailto:elane@pvipanther.net), after the tryout.
- Please have ride ready for pick up at 8:30 pm on Wednesday night. Please do not enter until all audition numbers have been called in and the team is announced. Please be prepared for the process to go over 8:30 pm.
- Dancers who make the team will need to stay after for a brief meeting and group photo. Please bring a parent into the gym to submit payment for UDA camp. **Each team member will owe \$400 to cover camp payment. This is due the night of the 23<sup>rd</sup> !!**
- Dancers who make the team must submit a physical form that is dated after June 1, 2018.
- Practice will begin on Thursday, May 31 and a mandatory parent/dancer meeting will be held immediately after practice. Practice will be 4:30 to 6:30, and the meeting will be at 6:30 pm in the Dance Studio.
- Our team crosses multiple seasons throughout the year. Dancers who make the team are committing to the entirety of our season. The team must come before all other extracurricular activities. At the shortest, our season will go through the end of basketball season in the winter. If we go to Nationals, our season will go through early March.
- Get ready for a fun year!!!

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## **Summer Schedule**

This is the tentative summer schedule. Please note this is subject to change. The coach will give notice to any changes:

- Practices Monday and Thursday nights 4:30 to 7 pm
- Practice will begin on Thursday, May 31 and go up until camp
- Practice will resume for the school year starting the week of August 20
- UDA Summer Camp – Location JMU. Dates July 20 – July 23

## **Fall/Winter Commitment**

This is the tentative fall/winter schedule. Please note the practice schedule is subject to change per football and basketball calendar:

- Practices Monday and Thursday 4:30 to 7 pm
- Team lifting in weight room one day a week immediately after school
- Added weekend practices during competition season
- It is strongly recommended to take one technique focused dance class per week. Coaching staff is happy to make recommendations for local studios.
- Three local competitions – November, December, January
- Possible nationals competition – early March
- Five home football games – Friday nights
- Several basketball games – various night of the week – may shift practices occasionally
- Perform at other PVI events (under the lights, playoff games, etc)
- Several fundraising activities

## **Estimated individual expenses for the season**

Cost may vary. This is a general list of individual financial responsibilities, and their *estimated* costs:

<b>Shoes, tights, weights, etc</b>	<b>\$100 to \$200</b>
<b>UDA Camp</b>	<b>\$400</b>
<b>Team Apparel</b>	<b>Appx \$400 for new members</b>
<b>Uniform Fee</b>	<b>\$100</b>
<b>Miscellaneous (buddy bags, gifts, etc)</b>	<b>\$20 max each – appx 5 times per year</b>
<b>Nationals</b>	<b>Appx \$700 (subject to change and fundraising)</b>

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**PVI Varsity Dance Team Tryout Application**

Please attach picture to this sheet

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Mobile # \_\_\_\_\_

Email \_\_\_\_\_

B-day \_\_\_\_\_

Parent's Names \_\_\_\_\_

Parent's Email \_\_\_\_\_

What grade will you be entering next year? \_\_\_\_\_

What type (if any) of dance have you previously taken?

\_\_\_\_\_  
\_\_\_\_\_

For how many years? \_\_\_\_\_

If you make the team, will the commitment outlined in the tryout packet be a problem? \_\_\_\_\_

Why do you want to be a member of the PVI Varsity Dance Team? You may use the back of this sheet.